



# Trainer Module

## Ceiling hoist with dynamic body weight support

***A GH3+ hoist equipped with the Trainer Module is not only a perfect lifting and transferring solution. It is also providing you with the possibility to offer patients dynamic mobility support and progressive mobility activity accomplished through safe and assisted exercise, functional transfers, standing and beginning ambulation in their room.***

In Trainer Module mode the GH3+ will dynamically support the weight of the patient and the body weight of the patient can be relieved with up to 100 kg.

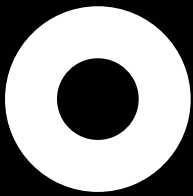
The Trainer Module has a capacity of 30 minutes continuous use when the hoist is fully charged. After 30 minutes, the Trainer module will automatically switch from Trainer to Transfer mode.

The Trainer Module is initiated, controlled and monitored through the digital hand control. The chosen function mode is clearly indicated, and while in Trainer mode, level of weight relief and training time left, is displayed on the LCD screen.

In Transfer mode the GH3 is immediately ready for lifting and moving and charging will automatically continue as normal.



# Transfer Treatment Training



## One system – many options

The Trainer Module adds another option to many application possibilities that the Guldmann ceiling hoist offers besides lifting up and down.

With the Trainer Module it is possible to start mobility activities much earlier with dynamic weight relief already in the patient's room.

## Handsfree – to focus on quality in the training

### **Routine functional mobility activities with dynamic weight relief:**

- Transfers bed to chair or commode
- Standing balance
- Steps
- Standing exercise such as weight shifting, single leg stance
- Gentle squats
- Active range of motion

### **Typical rehab exercises with dynamic weight relief:**

- Stairs and steps
- Gait training
- Balance
- Sit-to stand
- Squat and lunges
- Active range of motion

## A unique solution – simple and flexible

- Up to 100 kg weight relief in steps of 1 kg
- Training sessions of up to 30 minutes
- Fall prevention
- Easy to use and monitor
- Lifting module serves as a normal hoist when not used for training
- 1 hour of charging = 10 minutes training time

*Patent pending*



**| Time to care |**

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