



## Guldmann™ **Guldmann Trainer Module – Quiz**

**1. When is using the Trainer Module appropriate?**

- A. When patient needs to work on bed mobility and rolling
- B. When a patient is unable to stand and walk safely
- C. When a patient needs to work on exercises and balance activity
- D. When patient needs to be transferred to a chair or bed
- E. All of the above**

**Answer E**

**2. A user activates the Guldmann GH3+ Trainer Module hoist by:**

- A. Applying a training vest or harness
- B. Selecting the amount of weight to offload for the patient
- C. Pressing Start button when in the Trainer Module mode**
- D. All of the above

**Answer C**

**3. The Trainer Module will function even if the hoist is not charged or working**

- A. True
- B. False**

**Answer B**

**4. How do you know how much weight to offload for the patient session?**

- A. Choose the amount of weight in proportion to the amount of assistance the patient requires to do the task
- B. Refer to concept of Minimal Assist or 25% or less of patient body weight; Moderate Assist or 50% of patient body weight; and Maximum Assist or 75% or more of patient body weight to help decide
- C. Monitor the effect of the weight setting in real time execution of the task and adjust if too much assistance /weight or too little assistance/weight
- D. All of the above**

**Answer: D**

**5. You can increase or decrease the weight / support for patient during the Trainer Module session?**

- A. True**
- B. False

**Answer: A**

**6. Where do I store the hand control during Trainer Module mode?**

- A. On the hanger
- B. Let the hand control dangle free and unattached
- C. On the yellow clip holder on lifting strap just above hanger**
- D. All of the above

**Answer: C**

**7. How many persons should operate the Guldman Trainer Module?**

- A. Minimum of 1 person
- B. Indications for 2 or more persons are patient and task dependent
- C. Indications for more than 1 person are determined by the facility and their governing rules and regulations
- D. All of the above

**Answer: D**

**8. Which item is NOT a responsible caregiver use of the Trainer Module?**

- A. Parking the hand control on the yellow clip holder above hanger
- B. Guarding the hanger when it is lowered and in proximity to patient/resident or co-workers when it is not stable and loaded with weight
- C. Allowing patient/resident and visitors to use the Trainer Module without permission, instructions, supervision
- D. Referring to the Product Manual and Manufacturer's literature for guidance

**Answer: C**

**9. How do you stop or arrest a loss of balance or fall for a patient while in Trainer Module mode?**

- A. Manually hold and stop the patient
- B. Increase the weight on the hand control
- C. Press 'Exit' on hand control**
- D. Can only be accomplished by traditional motor functions

**Answer: C**

**10. Which is an alert notice for the Trainer Module function?**

- A. Battery level low
- B. Training time remaining is less than 1 minute
- C. Trainer Module will shut down – critical battery level
- D. All of the above**

**Answer: D**