



Guldmann™

Instructions Limb Sling

Using the **Limb Sling** to lift and hold the limb *(note sling fabric may be gold or white)*



Place the sling on the bed surface approximately just below the knee joint, at the top of the calf. With your hand inside the pocket, push down and compress the mattress, while sliding the sling through, so that it clears the limb and is visible on other side.



Continue to feed the sling through, paying attention to pt's skin so there is no shear. Look to see that there is an even amount of sling fabric on each side of the limb.



Attach the loops on the sling to the hooks on the hanger bar, on each side.



Raise the hanger bar and limb will elevate. Raise the limb to the desired height for the task, paying attention to pt. comfort. The limb will be flexed at the knee and the hip.

The sling can be positioned at the level of the patient's ankle, which will also accomplish lifting the limb. The limb will be in extension at the knee if this option is selected.